

Support Groups List

Adoption:

- Adoption Support for KY: 6-8 P.M. the second Thursday of each month at Hillvue Heights Church (3915 Nashville Rd., Bowling Green), and 6-8 P.M. the first Sunday of each month at Glasgow Baptist Church (401 S. Green St., Glasgow).
Contact: Georgie Haman, 270-791-1133, kyadoptionoptions@gmail.com
- Family Enrichment Center-Adoption Resource Program Parent Support Group: 6-8 P.M. the third Thursday of each month at First Christian Church (1106 State Street). Child care provided.
Contact: C. Denise Lambrianou, 270-842-9032, dlambrianou@familyenrichmentcenter.com

Alcohol:

- Alcoholics Anonymous: 10-11 A.M. Sunday-Friday, and 10:30 A.M. Saturday at the 13th Street Club. 12-1 weekdays at the club.
Contact AA: 270-782-5267
- The Paragraph Group: 8:45 each day at 13th St. Club.
- Al-Anon's Bowling Green Friendship Group: 7 P.M. Tuesday and Thursday, and 10 A.M. each Wednesday at Crossland Community Church.
- Al-Anon Courage to Change: 7:30 P.M. Mondays at 13th St. Clubhouse.
- Alateen: 7 P.M. each Tuesday at Crossland Community Church.
- Adult Children of Alcoholics and Dysfunctional Families: 2:30 P.M. Sundays at Crossland Community Church.

Alzheimer's:

- Alzheimer's disease support group: 4:30-5:30 P.M.
Contact: 270-745-0942

Blindness:

- South Central KY Council of the Blind: Quarterly meetings at 7 P.M. at the Disability Resource Initiative (624 Eastwood).
Contact: Dr. Ron Milliman, 270-782-9325

Brain Injury

- Acquired Brain Injury Support Group: 6 P.M. second Monday of each month at CEC (104 14th Ave.)
Contact: Leona Morelock 270-202-6439

Breastfeeding:

- La Leche League: 6:30 P.M. second Tuesday of each month at Alive Center (31-W ByPass).
Contact: Bonnie Reed, 270-843-5566

Caregivers:

- Caregivers support group: 5:30-6:30 P.M. second Thursday of each month at SKY Rehabilitation Hospital (1300 Campbell Ln.).

Chemical Dependence:

- Narconon: Contact: 800-556-8885

Dependence:

- Co-Dependents Anonymous: noon-1 P.M. each Tuesday at ALIVE Center. 270-202-9188

Depression:

- Depressed Anon: 6:30-7:30 P.M. each Tuesday at Broadway United Methodist Church (1323 Melrose Drive), and from 1-2 P.M. each Thursday at the ALIVE Center.
Contact: Katherine, 270-782-7150, kelane14@aol.com

Diabetes:

- Diabetes Support Group: 2-3 the second Tuesday of each month at The Medical Center's Health and Wellness Center (1857 Tucker Way).

Divorce:

- Divorce Care and Divorce Care for Children (ages 5-12): 6:30 P.M. each Monday at Hillvue Heights Church. Contact: 270-842-0012
- DivorceCare: 7 P.M. Wednesdays at Victory Hill Ministries. Contact: Jill, 270-799-3667
- DivorceCare (scripture-based): 270-842-1622

Down Syndrome:

- Down Syndrome Support Group of South Central KY: Contact: Scott Essler, 270-202-2541, or www.dssgsck.com

Eating and Weight:

- Eating disorder support group: 5:30-7 P.M. each Monday at the ALIVE Center. Contact: Sherry Yurchisin, 270-535-7653
- Take Off Pounds Sensibly No. 149: Each Monday at 6 P.M. at Smiths Grove Baptist Church, Weigh-ins from 5-6. Contact: Wanda Stidham, 270-563-4662.
- Take Off Pounds Sensibly: 6 P.M. each Thursday at Westside Fire Station No. 4 on Morgantown Road. Contact: Sheila Lundy, 270-781-7704.
- Take Off Pounds Sensibly: 10 A.M. each Tuesday at the ALIVE Center. Contact: Louise Evans, 270-793-0150

Elder Care:

- Family Caregiver Support Group: 10 A.M. the third Tuesday of each month at Barren River Area Development District (177 Graham Ave.). Contact: 270-782-9223

Food Allergies:

- FEAST: 6-7:30 P.M. the third Tuesday of each month at the Medical Center Medical Conference Room. Contact: 270-793-9769.

Grief:

- Compassionate Friends: 6 P.M. the first Thursday of each month at 105 S. Main St., Morgantown. Contact: Debbie Young, 270-526-5321, or debrayoung@bellsouth.net
- A Shoulder to Cry On (widows/widowers/loved ones): 6:30 P.M. the first and third Mondays of each month at Holy Trinity Lutheran School, 553 Ashmoor Ave., in room EO 110. Contact: Anna, 270-991-3616
- GriefShare: 5:30 P.M. Sundays at Living Hope Baptist Church, 1805 Westen.
- GriefShare: 6:30 P.M. each Monday at Southern Heights Baptist Church in Russellville. Contact: Chris Short, 270-726-3491
- First Assembly of God: 9:30 A.M. Sundays at 1423 Scottsville Road. RSVP: 270-842-0223. Childcare provided.

Interstitial Cystitis:

- 5:30 P.M. the third Wednesday of each month at the Medical Center Conference room. Contact: April Lee, 270-991-5698, or aprilslee@windstream.net

Mental Illness:

- NAMI: 7 P.M. the first and third Monday of each month at the Wellness Connection Building 428A Center St. Business meeting: 5:30 P.M. first Monday of each month. Contact: 270-796-2600, or email gregnamibg@aol.com

Multiple Sclerosis:

- 6-8 P.M. the second Tuesday of each month at SKY Rehab Hospital.

Narcotics Anonymous:

- Happy, Joyous, and Free: 7:30 P.M. Monday and Wednesday at First Christian Church, 1006 State Street.
- Diversity in Unity Group: 7 P.M. Tuesdays and 5:30 P.M. Saturdays at Saint James United Methodist Church, 575 Winfield Drive.
- Here and Now: 7:30 P.M. Tuesdays and 5:30 P.M. Thursdays at Hillvue Heights Church, Room 212, 3219 Nashville Rd.
- Just for Today: 6 P.M. Wednesdays and Sundays at St. Joseph Catholic Church, 434 Church St.
- More Will be Revealed: 7:30 P.M. Thursdays at Hillvue Heights.

Recovery:

- Celebrate Recovery: every Sunday at Broadway United Methodist Church, 1323 Melrose St., at the welcome center. Group worship service at 6 P.M., followed by share groups at 7 P.M. Contact: Larry Sensing, 270-843-3942, ext. 109.

Sex Addiction:

- Sex-A-Holics Anonymous: 5 P.M. each Sunday and at 7:30 P.M. each Friday at Seventh Day Adventist Church.

Spouse, Date Abuse:

- 6:30-8:30 P.M. each Thursday at Barren River Area Safe Space.

Suicide:

- Survivors of Suicide (S.O.S) 6:30-8 at the ALIVE Center. Contact: Sarah Skinner, 270-792-4391, or sejskinner@gmail.com; or Karen Daniels, 270-799-6072, or kdaniels@lifeskills.com