

H₄ Arrival Schedule

1:30pm - 1:45pm: H₄ Student Check-in, Honors College/International Center (number 78 on attached campus map)

1:45pm - 2:45pm: Student Welcome Session, Honors College/International Center

2:45pm: Students Depart, Honors College/International Center

All times are in Central Time

Directions to Campus

From I-65 South

- Take Exit 26 into Bowling Green
- Bear RIGHT from the exit onto KY-234/Fairview Avenue.
- Follow Fairview Avenue for 3.1 miles.
- Turn LEFT onto College Street.
- Follow College Street for 1 mile.
- Follow directions below for Honors College/International Center.

From I-65 North

- Take Exit 26 into Bowling Green
- Bear LEFT from the exit onto KY-234/Fairview Avenue.
- Follow Fairview Avenue for 3.1 miles.
- Turn LEFT onto College Street.
- Follow College Street for 1 mile.
- Follow directions below for Honors College/International Center.

From the William H. Natcher Parkway

- Take Exit 7 to US-68, Russellville Road.
- Turn LEFT from the exit onto US-68/Russellville Road.
- Follow Russellville Road for 2.7 miles.
- After crossing under a train trestle, turn LEFT onto University Boulevard.
- Continue onto Kentucky Street as the road becomes one way
- Turn RIGHT onto Alumni Avenue

- Turn RIGHT at the stop sign to continue onto Alumni Avenue
- Turn RIGHT onto College Street
- Follow directions below for Honors College/International Center.

For Honors College/International Center

- Turn LEFT onto College Heights Boulevard.
- Turn RIGHT onto State/Normal Street.
- Follow State/Normal Street to arrive at the Honors College/International Center (1582 Normal Street)

Parking Directions/Information

Temporary parking is available at the Honors College/International Center. Students leaving a vehicle on campus during H₄ are required to park in the Creason Lot/PS3 prior to departing for the H₄ Retreat (number 23 on attached map).

For students that do not have their parking permit before Move-In Day, they can be picked up at Parking and Transportation Services (578 Campbell Lane, Bowling Green, KY 42101).

Lunch Suggestions

After moving into the residence hall, you and your family will have time to eat lunch before returning to campus by 1:30 pm for the student welcome session. There are many restaurants to choose from in Bowling Green, but the ones below are a few of our favorites:

On Campus Option

Fresh Food Company

Located in the Downing Student Union (DSU) Food Court, Fresh Food Company offers a buffet style menu with sandwiches, pizza, soups, salad, dessert and other rotating menu options.

Local Bowling Green Restaurants

Buckhead Cafe

- Family cafe serving soups, salads, sandwiches, and pizzas
- 760 Campbell Lane, Bowling Green, KY 42104

Griff's Deli

- Deli serving sandwiches, wraps, salads, and spuds
- 1640 Scottsville Rd, Bowling Green, KY 42103

Hickory and Oak

- A new, split-concept restaurant serving barbeque, burgers, sandwiches, salads and unique appetizers and side items
- 705 State Street, Bowling Green, KY 42101

Home Café

- A casual café that serves daily specials, sandwiches, salads, pizzas, and desserts using locally sources ingredients
- 2440 Nashville Road, Bowling Green, KY 42103

Mister B's

- Family restaurant serving pizza, wings, salad, sandwiches, and pasta
- 1945 Scottsville Rd, Suite 300, Bowling Green, KY 42104

Novo Dolce

- Gastro pub serving daily specials, sandwiches, pasta, salads, and pizza
- 651 31W Bypass, Bowling Green, KY 42101

H₄ Packing List

The following list is a suggested guide of what items you may need at the H₄ retreat.

- Four pairs of shorts
- Four t-shirts
- One pair of pants
- Comfortable shoes (please bring one pair of closed-toed shoes)
- Sleepwear
- Rain jacket
- Swimsuit (Deer Run Retreat Center requests that females wear a one-piece swimsuit)
- Undergarments
- Sleeping bag or sheets and blanket
- Pillow
- Towel and washcloth
- Beach towel
- Shower shoes/Flip Flops
- Shampoo and Soap
- Deodorant
- Toothbrush and Toothpaste
- Personal Hygiene Items
- Glasses/Contacts
- Flashlight
- Cell Phone and Charger
- Sunglasses
- Snacks **Due to severe nut allergies, please do not bring any items containing nuts**
- Sunscreen
- Bug spray
- Necessary Medications